

Name _____

AB

SDS

SAMPLE

ASSESSMENT BOOKLET

A Guide to Educational and
Career Planning

SAMPLE

Occupational Daydreams _____

1. List below the occupations you have considered in thinking about your future. List the careers you have daydreamed about as well as those you have discussed with others.

SAMPLE

5. _____

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

SAMPLE

If you're in a hurry, do the coding after you complete this booklet.

Activities

Blacken under **L** for those activities you would like to do. Blacken under **D** for those things you would dislike doing or would be indifferent to.

R

Fix electrical things

L	D
<input type="checkbox"/>	<input type="checkbox"/>
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- work on a scientific project
- Study a scientific theory
- Work with chemicals
- Apply mathematics to practical problems
- Take a Physics course
- Take a Chemistry course
- Take a Mathematics course
- Take a Biology course
- Study scholarly or technical problems

<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>

Total No. of Ls

A

SAMPLE

Competencies

Blacken under Y for "Yes" for those activities you can do well or competently. Blacken under N for "No" for those activities you have never performed or perform poorly.

R

I have used wood shop power tools such as a power saw, lathe, or sander
I can make a scale drawing

Y	N
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>

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I can use logarithmic tables
I can use a computer to study a scientific problem
I can describe the function of the white blood cells
I can interpret simple chemical formulae
I understand why man-made satellites do not fall to earth

<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>

SAMPLE

I can write a speech
I can take attractive photographs

<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>

Total No. of Ys

Occupations

This is an inventory of your feelings and attitudes about many kinds of work. Show the occupations that *interest or appeal* to you by blackening under **Y** for "Yes." Show the occupations that you *dislike* or find *uninteresting* by blackening under **N** for "No."

	Y	N		Y	N
Airplane Mechanic	<input type="checkbox"/>	<input type="checkbox"/>	Career Counselor	<input type="checkbox"/>	<input type="checkbox"/>
Auto Mechanic	<input type="checkbox"/>	<input type="checkbox"/>	Sociologist	<input type="checkbox"/>	<input type="checkbox"/>
Carpenter	<input type="checkbox"/>	<input type="checkbox"/>	High School Teacher	<input type="checkbox"/>	<input type="checkbox"/>

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Chemist	<input type="checkbox"/>	<input type="checkbox"/>	Master of Ceremonies	<input type="checkbox"/>	<input type="checkbox"/>
Independent Research Scientist	<input type="checkbox"/>	<input type="checkbox"/>	Salesperson	<input type="checkbox"/>	<input type="checkbox"/>
Writer of Scientific Articles	<input type="checkbox"/>	<input type="checkbox"/>	Real Estate Salesperson	<input type="checkbox"/>	<input type="checkbox"/>
Geologist	<input type="checkbox"/>	<input type="checkbox"/>	Department Store Manager	<input type="checkbox"/>	<input type="checkbox"/>
Botanist	<input type="checkbox"/>	<input type="checkbox"/>	Sales Manager	<input type="checkbox"/>	<input type="checkbox"/>
Scientific Research Worker	<input type="checkbox"/>	<input type="checkbox"/>	Public Relations Executive	<input type="checkbox"/>	<input type="checkbox"/>
Physicist	<input type="checkbox"/>	<input type="checkbox"/>	TV Station Manager	<input type="checkbox"/>	<input type="checkbox"/>
			Small Business Owner	<input type="checkbox"/>	<input type="checkbox"/>

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Entertainer	<input type="checkbox"/>	<input type="checkbox"/>	Audit Clerk	<input type="checkbox"/>	<input type="checkbox"/>
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Total A Ys

Total C Ys

Self-Estimates

1. Rate yourself on each of the following traits *as you really think you are when compared with other persons your own age*. Give the most accurate estimate of how you see yourself. Circle the appropriate number and *avoid rating yourself the same in each ability*.

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	Manual Skills	Math Ability	Musical Ability	Understanding of others	Managerial Skills	Office Skills
High	7	7	7	7	7	7
	6	6	6	6	6	6
	5	5	5	5	5	5

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- Welder
- Total R Ys**
- Meteorologist
- Biologist
- Astronomer
- Medical Laboratory Technician
- Anthropologist
- Chemist
- Independent Research Scientist

- Playground Director
- Total S Ys**
- Buyer
- Advertising Executive
- Manufacturer's Representative
- Business Executive
- Master of Ceremonies
- Salesperson
- Real Estate Salesperson

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- Composer
- Sculptor/Sculptress
- Playwright
- Cartoonist
- Entertainer
- Total A Ys**

- Financial Analyst
- Cost Estimator
- Payroll Clerk
- Bank Examiner
- Accounting Clerk
- Audit Clerk
- Total C Ys**

Self-Estimates

1. Rate yourself on each of the following traits *as you really think you are when compared with other persons your own age*. Give the most accurate estimate of how you see yourself. Circle the appropriate number and *avoid rating yourself the same in each ability*.

	Mechanical Ability	Scientific Ability	Artistic Ability	Teaching Ability	Sales Ability	Clerical Ability
High	7	7	7	7	7	7

SAMPLE

	Manual Skills	Math Ability	Musical Ability	Understanding of others	Managerial Skills	Office Skills
High	7	7	7	7	7	7

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Some Useful Books

Anthony, R. J., & Roe, G. (1991). *Over 40 and looking for work?: A guide for the unemployed, underemployed, and unhappily employed*. Holbrook, MA: B. Adams.

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Hopke, W. E. (1993). *The encyclopedia of careers and vocational guidance* (9th ed.). Chicago: J. G. Ferguson Pub.

Krannich, R. L. (1993). *Careering and re-careering for the 1990s* (3rd ed.). Manassas Park, VA: Impact Publications.

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U.S. Government Printing Office. (This handbook is published every two years and is the best single source for information about occupations. See your counselor or library, or order from Superintendent of Documents, U.S. Government Printing Office, Washington, DC, 20402.)

Witt, M. A. (1992). *Job strategies for people with disabilities: Enable yourself for today's job market*. Princeton, NJ: Peterson's Guides.

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Not All Pages Shown
Total Pages = 15